

It seems an increasing number of us are realising we don't have to take the ravages of time lying down! The more scientists learn about the ageing process the more effective anti-ageing remedies have become, often enabling us to keep looking at least 5 years younger.

Plastic Surgeon Angelica Kavouni helps to explain. "Over the past ten years the field of plastic surgery has changed – very much for the better I hasten to add. Gone are the days of the 'windtunnel' face, a result of very aggressive facelift surgery. Modern day plastic surgeons are more interested in the aesthetics of anti-ageing, the definition of which sums up our work 'pertaining to a sense of the beautiful'. We are now able to achieve good results without resorting to surgery although a combination of non surgical with early surgical 'tweaks' often gives a great outcome."

✿PROBLEM: LOOKING TIRED AND OLDER THAN YOUR YEARS?

Treatment: Sculptra

An injectible product made from Poly-L-lactic acid that stimulates a natural build up of elastin and collagen under the skin, filling out hollows and smoothing lines. Sculptra produces very convincing results, especially when used to replace facial volume losses that we all experience as we age.

Lasts: 2-3yrs when a top up would be required

Downtime: Nil

Costs: From £450.00

✿PROBLEM: THINNING LIPS AND LOSS OF LIP OUTLINE?

Treatment: Permalip

Soft and safe silicone implants can be placed in either or both lips resulting in a very natural, full result. The procedure takes around half an hour for each lip under local anaesthetic. Permalip is a great solution for those who have hyaluronic acid treatment every 6 months and want an effective permanent and cost effective fix.

Lasts: Permanent

Downtime: One week

Costs: From £950.00 per lip

✿PROBLEM: JOWLS, AGE SPOTS, WRINKLES?

Treatment: Fraxel

The most sophisticated laser, Fraxel® reduces lines, pigment and 'tightens' the skin. Laser introduces thousands of tiny but deep columns of light into the skin and is known

With the latest in facial rejuvenation, you can look younger without resorting to the surgeon's knife!

No Scalpel Required

as microthermal treatment.

The laser creates microscopic 'wounds' beneath the top skin layer which in turn trigger natural production of collagen and new skin cell growth, for every microthermal zone produced by the Fraxel® another area around it is left untreated - this is described as *fractional* treatment.

Lasts: 3 -5 years

Downtime: 2 days

Costs: From £950.00 per treatment – at least two treatments suggested

✿PROBLEM: FLAT CHEEKS NEEDING A BOOST?

Treatments:

SubQ

This is a great way to regain facial contours without surgery. From the Restylane group of injectable fillers, Sub Q has the largest particles of all the hyaluronic acids which makes it an ideal volume replacement for facial sculpting. When placed along the cheek bone it gives an immediate result and can also help to lift the midface.

Lasts: 12 – 18 months

Downtime: Nil

Costs: From £550.00

Endotine Cheek Lift:

Angelica asked us to include this treatment even though it's not completely non-invasive! "This procedure deserves its place in a feature discussing non invasive treatments as it is performed with an endoscope which required only two very small cuts hidden in the hairline to accomplish the whole cheek lift. The results are impressive when used in conjunction with the endotine device."

Ideal for patients who prefer fuller cheeks, it also reduces the loose skin under the eyes and softens deep nose to mouth lines. During the procedure the fat pads of your cheeks will be repositioned up and over the cheekbones where they belong. Some patients request an attractive almond eye shape.

Lasts: Around 5 years

Downtime: 2 weeks

Costs: From £3500.00

For further information, please contact Ms Angelica Kavouni on 020 7486 9040 or visit www.cosmetic-solutions.co.uk